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Take time for some comfort food

By **RITA DEMONTIS**, TORONTO SUN

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This weather has me sourcing comfort food. Good grief, Mother Nature certainly can't make up her mind. Thank heavens comfort can be found close by — like the **No Frills** that recently opened up in our building, facing Front St. What a gem! When I need to grab something for the office or home, I really do not have to go far. Plus, they carry the PC Greek Style yogurt, voted a favourite in this newsroom.

Also new to the neighbourhood! The grand opening of **Prairie Girl Bakery**. We're talking cupcakes like you've never had before — rich, creamy and brimming with unbelievable taste! Cupcakes are made fresh each day from scratch and I guarantee they'll bring back memories of the days when baking meant real eggs, fresh butter and cream cheese, and lots of fun. Opening Prairie Girl Bakery has been a lifelong goal of Jean Blacklock, lawyer, author of many books and former bank executive. "It is amazing to see your dream come to life," says Blacklock. "I am excited about bringing old-fashioned baking to the big city in a modern, upbeat way." Prairie Girl's head baker, Andrea Ascione adds, "We want to bring a smile to the face of every person who walks in our door or eats one of the delicious cupcakes!"

PRAIRIE GIRL BAKERY

18 King St. E. (facing Victoria St.) Unit 106, (416) 504-CAKE (2253), Mon.-Sat., 10 a.m. to 6 p.m.; Sun. 11 a.m. to 5 p.m. Prairiegirlbakery.com.